



**J BAR J YOUTH SERVICES**

*Facilitating Positive  
Change For Youth*

**2019 ANNUAL REPORT**

# *You Are a Hero*

**We are a direct service non-profit providing solutions to obstacles facing youth in our community.**

*Shelter, crisis intervention, mentorship.*

At the core of all of our programs, is the belief that restructuring thinking, building an awareness of how thoughts become choices and actions, is key to building a brighter future.

- Cascade Youth & Family Center
  - Grandma's House
- Big Brothers Big Sisters of Central Oregon
  - J Bar J Boys Ranch and J5
  - Academy at Sisters
  - at: project (Anti-Trafficking)
  - Kindred Connections
  - The Learning Center
- J Bar J Boys Ranch / J5 Vocational Center

You Are Our Hero: We are grateful for your support of J Bar J Youth Services and our programs helping youth on their path to self-sufficiency.

# *Thank You*



*We Are*

## J BAR J YOUTH SERVICES



***Facilitating  
Positive  
Change For  
Youth***





# *We Are* **J Bar J Youth Services**

## **Grandma's House**

Essential nurturing resources for a fragile population: Emergency and transitional shelter to homeless and/or abused pregnant girls, parenting young mothers, and girls choosing adoption for their child.

After 25 years operating independently, Grandma's House joined J Bar J Youth Services in 2017

*(1992)*

## **Big Brothers Big Sisters**

Defenders of Potential: Matching professionally screened adult mentors (Bigs) and kids (Littles) to defend, ignite and empower their potential. A local affiliate of Big Brothers Big Sisters of America

*2017*

## **The Learning Center**

Academics to develop the whole person, socially, emotionally, and academically.

Working to increase grade level and re-engage youth in the learning process.

Serving students at the Boys Ranch, J5, and The Academy at Sisters.

*1994*

## **Cascade Youth & Family Center**

A safe haven for young people in jeopardy: Providing runaway and homeless teens with safe, stable living conditions, mediation with family, and innovative options for developing self-sufficiency.

*1989*







2019

### **at: project (Anti-Trafficking)**

Helping victims become survivors: Working directly with victims of sex and labor trafficking to help them regain independence, safety, and stability, and to rebuild their lives.

### **Kindred Connections**

Helping Families in crisis who lack a safety net: Mobilizing and equipping mentoring families and ten area church communities to provide support while parents work to secure stability for their families.

### **The Academy at Sisters**

Empowering struggling girls to lead healthy lives: A therapeutic boarding school using an approach blending both traditional and experiential therapies, such as: Accountability-Based Cognitive Awareness, Dialectical Behavioral Therapy, and Equine Assisted Psychotherapy.

### **Oregon High Desert Classics**

The prestigious hunter jumper horse show which provides funding to support J Bar J Youth Services.

### **J Bar J Boys Ranch**

The original program out of which J Bar J Youth Services grew: A residential treatment program for adjudicated teen boys, providing an opportunity to restructure thinking, succeed academically, and grow in responsibility. J5 offers short-term stabilization, teaching boys on parole or probation intervention and de-escalation skills. Both are served through the J Bar J Learning Center which offers a diploma track and GED preparation and testing.

1968







1989 30 YEARS 2019

Homeless and  
Runaway Youth:  
*Street Outreach*  
*Drop In Hours*  
*Family Mediation*  
*Emergency Shelter*  
*Transitional Living*  
*Employment Assistance*  
*Independent Living*





## To Succeed and Pay it Forward

Catherine was bright and engaged in school. School made sense, it was a place where she could focus and succeed, if she could make it to class. As a child in a homeless family there were many things in her life that were out of her control, family members' alcohol and drug abuse, frequent moves and homelessness, school was a bright light in a frequently dark and chaotic world.

When staying with her aunt, she did exceptionally well at Madras High School. When Catherine couldn't stay there anymore and was suddenly on her own, she found a home at the LOFT: Living Options for Teens, part of Cascade Youth & Family Center. As a resident, she finished high school and planned her future.

During her stay, she also faced her past. As a homeless child growing up on the Warm Springs Reservation, she had come to associate her Native American culture with the harshness of her life: drug and alcohol abuse, dysfunction, and trauma. While living at CYFC, she was able to see that although her family suffered with these issues, the issues do not define what it means to be Indigenous. She grew to understand that she originated from a beautiful culture that she could embrace.

Catherine moved from the LOFT to Eugene, where she completed her Bachelor of Social Work. After completing college, she returned to Warm Springs to help families become stronger in her home community. She felt that her childhood hardships would give her a special understanding and connection with struggling children and their parents. Today, she is back in school pursuing her Masters of Social Work.

## In the News





# Cascade Youth & Family Center

## Transitional Living:

Provided  
transitional  
living for

49

homeless  
youth

94%

Transitioned to a safe  
and stable living situation  
following residency

4,284

shelter  
nights

100%

Received comprehensive  
management services  
including life skills,  
employment, and education

6,766

hours  
of case management

100%

Secured employment or  
enrolled in an education  
program



*Stable and safe accommodations for homeless youth*

## Emergency Shelter:

Provided  
shelter  
for

**65**

runaway or  
homeless  
youth

**90%**

Returned home or  
were placed in  
safe, stable housing

**1,308**

shelter  
nights

**95%**

Demonstrated academic  
progress and / or  
re-engagement in their  
educational process

and

**150**

hours  
of family reunification and  
mediation services

**100%**

Were connected with family or  
other agencies to assist them  
beyond their time in the shelter





*Grandma's House*

OF CENTRAL OREGON

Pregnant and  
Parenting Girls:

*Emergency Shelter  
Transitional Living  
Parenting, Nutrition,  
& Life Skills Training  
Employment Assistance  
Angels' Wing*



# Grandma's House

*A home for pregnant and parenting girls*

**941** mom  
shelter  
nights

**100%** Of pregnant moms received childbirth education resulting in full term pregnancies with little or no intervention & infants born at healthy birth weights

**771** baby  
shelter  
nights

**100%** Of moms and their babies received medical care pre and post-natal

**1,712** total  
shelter  
nights

**75%** Of pregnant moms chose to attend breastfeeding class resulting in 75% still breastfeeding after 3 months



## *Love Letters to Grandma's House*

For twenty-seven years, Grandma's House has provided a safe haven for pregnant girls who have found themselves without a safe place to call home. They arrive afraid, with little support and few options, to find nurturing and hope. Generations of lives have been made better as those babies have grown to adulthood, gone to college, and started families of their own. Woody, Grandma's House's Executive Director, remains in touch with many of the former residents and has stacks of letters of gratitude.

These letters tell of escaping difficult circumstances, like Stacy: *"I was 17 when I found out I was pregnant and the guy I thought loved me left me in a 10ft trailer in Walmart parking lot and never came back. I was alone, I had alienated everyone in my life that was healthy and had nowhere to turn. I met Woody and as scared as I was, she was the warm and loving person that made me feel like everything would be okay."*

Amber talks about her anxiety lifting as she arrived: *"I was young, pregnant, single and scared. A "homeless shelter" was the last place I wanted to be. When I walked through the doors I was surprised by how cozy and warm it was. I met the staff and other residents and immediately felt the love and connection. Little did I know that these other girls would become the women I look to for strength and support."*

Mackenna shared about her experience as a resident: *"I built life-long friendships, beat postpartum depression, learned from other mothers. I learned to budget, cook, clean and resolve conflict with a cooperative household, and refined my ability to ask for help. I even learned that I could do this mom thing."* Having the stability and support to finish high school and information about college and resources to help them reach that goal, girls at Grandma's House are able to aim high and succeed. Mackenna talks about the impact on her life: *"Fast forward a decade: we are safe, happy, and healthy. I have two bachelor's degrees in health and have been accepted into the Oregon College of Oriental Medicine."*

When young mothers and babies transition from Grandma's House into independent living they become a part of an outreach program called 'Angels Wing'. There they continue to receive support and services. 'Angels Wing' is a part of their outreach to all pregnant and parenting teens in need.





*People told Viviana she would never finish high school. Through the help and support she found as a resident at Grandma's House and in the Bend High Teen Parent Program, she proved them wrong. Viviana is now attending COCC, planning a future in nursing, and being a good mother and strong role model for her son Nathan.*







# anti-trafficking project

Victims of  
Human Trafficking:  
*Crisis Intervention*  
*Emergency Shelter*  
*Basic Needs*  
*Safety Planning*  
*Case Management*  
*Connection to Services*  
*CSEC Response Team*  
*Coordination*





## Our Newest Program

Homeless youth are at far more risk of human trafficking than their peers with stable housing. The search for a safe, dry place to sleep and food to quell gnawing hunger create a common pathway into exploitation. Studies have shown trafficking rates ranging from 19% to as high as 40% in this extremely vulnerable population.

Seeing a need in our community to help those whose lives have been marked by human trafficking, J Bar J Youth Services has responded by launching at: project (Anti-Trafficking) as its newest stand alone program, moving it out from under Cascade Youth & Family Center. We work with victims, providing the support they need to rebuild their lives.

Our involvement begins well before victims are recovered, as we coordinate the efforts of the Deschutes County Commercially Sexually Exploited Children Response Team. This team of law enforcement, county agencies, KIDS Center, and at: project responds to all reports and leads of human trafficking in the county to provide a coordinated effort.

We offer victims shelter and basic needs, help develop a safety plan, and connect them with any medical, dental and mental health services they choose.

Long after all the other team members have completed their role in recovering a victim, and any legal process is finished, at: project continues to offer case management and support, helping victims become survivors.

## In the News







# Kindred Connections

Families in  
Crisis:

*Mentoring,  
Temporary Hosting  
of Children,  
Support*





## *A Life Blessed*

This photo is of a chalkboard at a Kindred Connections host home. This family graciously and lovingly accepted a 15 year old into their home for a few months. During these months this family loved her, embraced her for who she is, helped her, kept her safe and in the end they became like family. When the teen left their home she left this note on their chalkboard. Families in Need don't always express thankfulness and it isn't expected. However, when these moments do happen it is quite special.

Simply put, this solidifies the belief that our minutes, hours, days and weeks add up to much more than just 'ticks on the clock' in the lives of those we are helping.

And in the end, we realize the blessing goes both ways.

## *Did You Know?*

There are calls made to child welfare (in Central Oregon) of alleged abuse and neglect that get assigned for investigations. A number of these reports are actually founded for abuse and neglect but what happens to the others that were investigated? That leftover number, 1,561, is a gap of families struggling and in crisis. These families may be afraid to get help. Kindred Connections steps in, learns their story and provides a support system for them and their children.

Did you know child welfare deflection is a principle of Kindred Connections mission? Kindred Connections seeks to provide preventative care for at risk families and initiates community involvement. This results in a unique faith based approach to caring for our community. Please join the effort.





# Big Brothers Big Sisters®

OF CENTRAL OREGON

**Kids Needing  
Role Models:  
*Defenders of  
Potential  
Mentorship***



# Big Brothers Big Sisters of Central Oregon

*Outcome Survey 2018 - 2019*

Attitudes Toward Risky Behavior:  
Smoking - Drinking - Drugs - Skipping School

94%

Improved or Maintained

Educational Success:  
Grades and Academic Achievement

92%

Improved or Maintained

Better Relationships:  
Parental Trust and Family Connectedness

91%

Improved or Maintained

No Juvenile Justice Involvement

98%

Improved or Maintained



## *Ashton Eaton*

Ashton Eaton is a hero, two time Olympic champion, and world record holder. In his younger years, key adults played a large role in his life, giving him a first-hand understanding of the power mentors have to ignite potential.

Asking nothing in return, Ashton agreed to become a spokesman for Big Brothers Big Sisters of Central Oregon. His goal is to encourage others to become mentors: to defend, ignite, and empower potential.

Thank you, Ashton, for your support. It means a great deal to us, and to the Littles you have helped us match with Bigs.





# Defenders of Potential

Big Brothers Big Sisters of Central Oregon (BBBSCO) hosts two fundraising events each year. In the spring, Bowl For Kids' Sake is 'the most fun you'll ever have in rented shoes,' and Comedy For Kids' Sake rolls out the red carpet each fall. Last fall, BBBSCO named Matt Odman their Big of the Year, and asked him to talk to the crowd gathered for an evening of entertainment in support of mentoring kids.

Excerpts from Matt Odman's Big of the Year Speech:

*It is an honor to be up here not only as the Big of the Year, it is truly an honor to be part of such a great organization. In 2002, with a nudge from my wife... I saw an opportunity to give back to my community.*

*Since then I've been matched with three little brothers and now this not so little one is my fourth. Cole and I have been matched now for almost nine years. I have seen him grow from a young boy to now a young man about to graduate from high school. Through obstacles, we stuck together through the years, attended numerous Bend Elks games, high school basketball games, worked on my old pickup, built a cool fort in his grandma's back yard, volunteered together at Shepherd's House, sometimes just hang out and talk, and of course, try to watch TV when the Red Sox or Patriots are playing. (Cole interjects: Go Sox!)*

*It isn't about what you do with your Little, though. It's about a Little having the opportunity to have an additional person in his life who cares about him, wants to spend quality time with him, listens to him, and in our case, someone he can depend on. I am honored to have been this person in Cole's life for the past eight and a half years.*

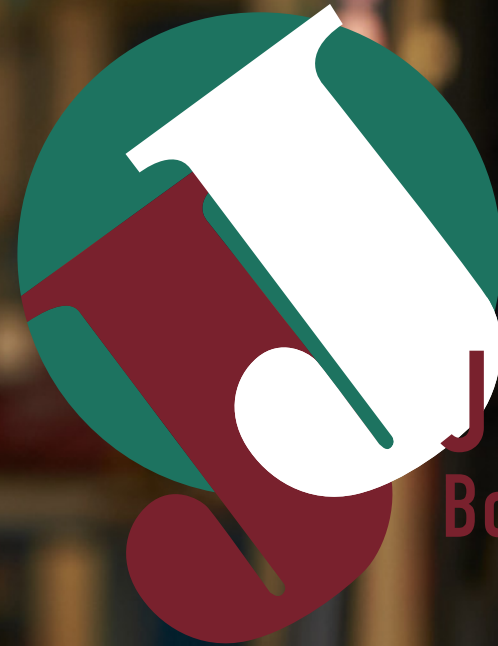


MATT & COLE

## In the News







J B R J  
Boys Ranch / J5

**Adjudicated  
Boys:**

*Residential  
Treatment  
Restructuring  
Thinking  
for Juvenile  
Offenders*



# J Bar J Boys Ranch & J5

## Adjudicated Youth:

*Providing the opportunity and tools to restructure thinking,  
succeed academically, and grow in responsibility.*

**167** Youth were served at J5 Parole and Probation  
Revocation short-term stabilization program  
(to keep kids from going deeper in to the system)

**111** Youth were served at the Boys Ranch and  
Independent Living

**50** Youth were served through Deschutes and Crook  
County outpatient

**328**

Boys served  
2018 - '19 fiscal year



## *Community Comes Together ~ Helping to Create a Vocational Center*

Kids who have made the mistakes that led them to the juvenile justice system aren't aware of how their choices will affect their futures. They've become disengaged from school, sometimes family, and lack positive role models. They often view themselves as poor students, failures, even as bad people. These thoughts become beliefs and they fall victim to themselves. The J Bar J Boys Ranch offers a chance to restructure thinking. The program includes cognitive behavioral therapy, education, and counseling and experiences. By becoming successful in school they build self-confidence and begin to think about their futures which includes finding meaningful employment.





Looking for ways to help these youth envision themselves building the life they want, and preparing for a future that includes gainful employment, a group of Central Oregonians along with teachers and counselors from J Bar J have come together to develop a vocational training program for these boys.

Building a vocational program will not only build resiliency and increase employment possibilities for the adjudicated youth, it will reduce the likelihood of re-offending and help build a local workforce.





# THANK YOU

## TO ALL OF OUR SPONSORS

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Comfort Insulation	J Fred Chairman Trust	James & Kimberly Grant	Miriam Ramsey	Rotary Club of Greater Bend	Wollgang Kuettner

## In the News

### Ranch provides youth with a second chance

By Don Smith  
I had been waiting for J Bar J Boys Ranch to be built for some time. I had seen the plans and heard the stories of the boys who had been in the system and were at risk of re-offending. I had seen the need for a place where they could learn, grow, and build a future. Now, it is here. The ranch, which serves young men ages 15 to 18 who have experienced legal trouble and are at risk of re-offending, is a place where they can learn, grow, and build a future. The ranch, which serves young men ages 15 to 18 who have experienced legal trouble and are at risk of re-offending, is a place where they can learn, grow, and build a future. The ranch, which serves young men ages 15 to 18 who have experienced legal trouble and are at risk of re-offending, is a place where they can learn, grow, and build a future.



## SUMMIT

### J Bar J Boys Ranch Five Decades of Facilitating Change

Submitted by Don Smith

Fifty years ago, Lyle Jarvis kept one boy from being sent to MacLaren. A young man who had made poor choices and landed in the juvenile justice system, but not nearly bad enough to warrant sending him to a correctional facility. A kid who needed support in learning how to be a better person. Helping that one boy get Jarvis and his wife Mary, along with Bill and Neely Jarvis, on a path that would change the lives of hundreds in the following decades. The two couples, Jarvis and James, founded J Bar J Boys Ranch, serving the same boys from then.

That original program has grown. J Bar J Boys Ranch still offers a residential treatment program for adjudicated teen boys and they have also added the 25 program to work with juveniles on parole and probation on learning intervention and the vocational skills to help them move to a better life of support.

The Boys Ranch and 25 both focus on restructuring thinking and working toward personal responsibility and self-fulfilling. A young man in the Boys Ranch program gets a speech to a small gathering this summer, a speech that will mark the 50th anniversary of the ranch. He has two boys left of eyes with him. "These are J Bar J boys and I am not a bad kid. I just made bad decisions. Now I know my past doesn't define my future. My choices define my future."

Both programs are served by J Bar J Learning Center, which offers a diploma track and GED preparation and testing. It is registered as an alternative education program with the Oregon Department of Education, offers an accredited program through the Advanced Ed, and is a contracted private alternative school for the Bend-La Pine District. They work to increase grade level and re-engage students in the learning process.

J Bar J Boys Ranch was the first of many programs added over the following decades. J Bar J Youth Services became a parent organization for others, including programs not only for adjudicated boys, but also youth in many difficult circumstances at risk, homeless, pregnant, runaway, or needing an adult role model. The Boys Ranch is also home to the organization's largest annual fundraiser, The Oregon High Desert Classic horse show. This prestigious USPA hunter-jumper event not only brings world-class riders to the grassy hills here in Central Oregon but also provides funding to support the many programs of J Bar J Youth Services.

Their newest initiative, a vocational school for The Learning Center, will be breaking ground soon on the Boys Ranch property. Because boys, students from low-income families, and those who have been in the juvenile justice system are shown to benefit most from being vocational programs, this program is a natural fit as an of kindness and hope grow to become an organization which has helped youth find their future for decades. They continue to innovate and seek ways to engage outcomes for young people in property. Teaching them to use themselves as contributing members of our community and to build lives they can be proud of.

To learn more, visit us at [www.jbarj.org](http://www.jbarj.org).

### Businesses Serving Community







*25 Years*  
*1994 - 2019*

**Therapeutic  
Boarding School:  
Traditional and  
Experiential  
Therapies**



## *A Life Transformed*

*My name is Phoebe and I attended the Academy at Sisters in 2011, which was my freshman year of high school. The Academy was the wake up call that I needed in my life at the time. When I first arrived at the academy, and I did not want to change the way I saw the world, the way that I chose to respond to it, and I did not want to believe in the program.*

*The day I started to realize that my plan of playing the program was falling through is the day I changed my life. I started listening more during the groups we had, I started opening up more to both my case managers Janice and Brooke, and I started to really talk to my family about how I felt and what was causing me to have the emotions that I had at the time.*

*One thing that I will say helped me was taking advantage of what the Academy had to offer, such as dialectical behavioral therapy, and cognitive behavioral therapy. The main thing that the Academy had to offer that helped me achieve the best possible me, was the ability to learn about self learning. This concept transformed my life, in both my family and my education. Self learning allowed me to recognize challenges and find ways to solve them on my own.*

*After leaving the Academy, I became an honor student in both high school and college. I graduated college in 2017 with my Bachelor's degree in Psychology. Also, I ended up taking a job in a field where I could relate to people who have gone through what I have gone through.*

*I currently work at a Psychiatric Residential Treatment Facility as a Teacher. I work with kids between the ages of 6-18. Without the Academy, I have no idea where I would be right now, and I don't think I could have ever achieved what I have achieved in my life up until this point.*

*Thank you Academy at Sisters for helping me find Phoebe.*





# J Bar J Learning Center

Serving kids  
at J Bar J Boys Ranch  
Academy at Sisters  
and J5:

*Re-engaging Students  
in Learning  
High School Diploma  
GED Testing*

*New Vocational Center  
Opening Nov. 2019*





# The J Bar J Learning Center:

*Re-engaging students in their education:*

An accredited alternative school at  
J Bar J Boys Ranch  
J5  
and at the  
Academy At Sisters

Serving **212** Students

Students' Gain in Grade Levels

Reading: **2.0** Boys Ranch / J5 **1.6** Academy at Sisters

Math: **1.9** Boys Ranch / J5 **1.7** Academy at Sisters

2018 - 2019 School Year



## *Graduation Celebrations at J Bar J Boys Ranch*

This spring, seven boys graduated from high school at J Bar J Boys Ranch. A small crowd of family and staff came together to celebrate, including Sarah Evans from Oregon Youth Authority, our state's juvenile justice agency. She created a video, and posted on their website about the boys, the following are excerpts:

### ***Prioritizing Education – With Big Results***

*Forty acres of grassy pastures, framed by snow-covered Cascade Mountains, make up J Bar J Boys Ranch in Bend. It's no longer a working ranch, although each July, horses and riders from across the Western United States and Canada converge on the property for Oregon High Desert Classics hunter/jumper competitions. The expansive vista and the showy annual event may garner the most attention, but it's what's happening inside two unobtrusive classroom buildings that's having some of the greatest impacts on the youth living there.*

*Run by J Bar J Youth Services, the ranch houses a residential program and an independent living program for 29 Oregon Youth Authority youth, educated on site at a separate school.*



*Thanks to supportive and dedicated teachers and program staff, seven youth graduated with their high school diplomas this June – a quarter of the program's population. Four of the graduates started by earning their GED, then pushed on for their diplomas.*

*While everyone celebrated current successes beneath the canopies of aspen trees, the future of J Bar J's educational programming was under construction nearby: a 4,800-square-foot vocational building that will include a woodshop, a small engine repair program, a room where students will learn how to frame walls, a classroom, and a quieter, dedicated GED testing room.*





<https://insideoya.com/2019/06/19/prioritizing-education-with-big-results/>

*"The thought behind this building was that we would be able to produce a workforce," said Bruce Waldrup, J Bar J's other program director. "A kid can graduate from high school out here, get some basic construction skills in our new building, and then go out into the community and get a job right away."*

*J. B., one of the 2019 graduates, helped with the initial construction work on the building. He was excited about the potential to continue the small engine repair studies he started while he was at Eastern Oregon Youth Correctional Facility.*

*"It helps me get work experience so that it's not as hard to get a job," he said. He also felt the construction work helped him better visualize the math and science he was studying in school – subjects where he typically struggles.*

*"When I was doing carpentry out there, the angles made sense, the cuts, the measurements – it was like putting together puzzle pieces in my brain," he said. "It clicked in my head and it was a lot easier than math and science that's not hands-on."*

*T. K., another graduate, seemed to fit right in on the ranch: His senior portrait shows him atop a tractor, and he wore a cowboy hat under his cap at graduation. He plans to go on to college to study diesel mechanics.*

Re-printed with permission: Sarah Evans, Oregon Youth Authority Deputy Communications Manager. Full story available online at: <https://insideoya.com/2019/06/19/prioritizing-education-with-big-results/>





# Central Oregon's Premier Horse Show:

*Raising funds  
for our programs  
helping youth*





## More than Just the Pretty Horses

Each midsummer, hundreds of horses and riders converge on Central Oregon, rivals for over \$100,000 in prizes. Included among them are world class athletes; horses with exceptional grace and stamina. Crowds gather to watch top level hunters and jumpers as they compete at the Grand Prix and International Hunter Derbies.

Yet this prestigious event is so much more than a horse show. During these last two weeks of July, J Bar J Youth Services and other organizations use the show as a backdrop to special gatherings and meals, such as Bend Chamber's Mixer, Lunch on the Lawn, and Grand Prix Dinners. And mostly, OHDC is a fundraiser, providing much needed support to all of J Bar J Youth Services programs.

**Thank you,  
event sponsors  
and donors,  
for making this  
show possible.**

**You are heroes,  
allowing us to  
help kids  
create the  
futures they  
want.**



### Lunch on the Lawn

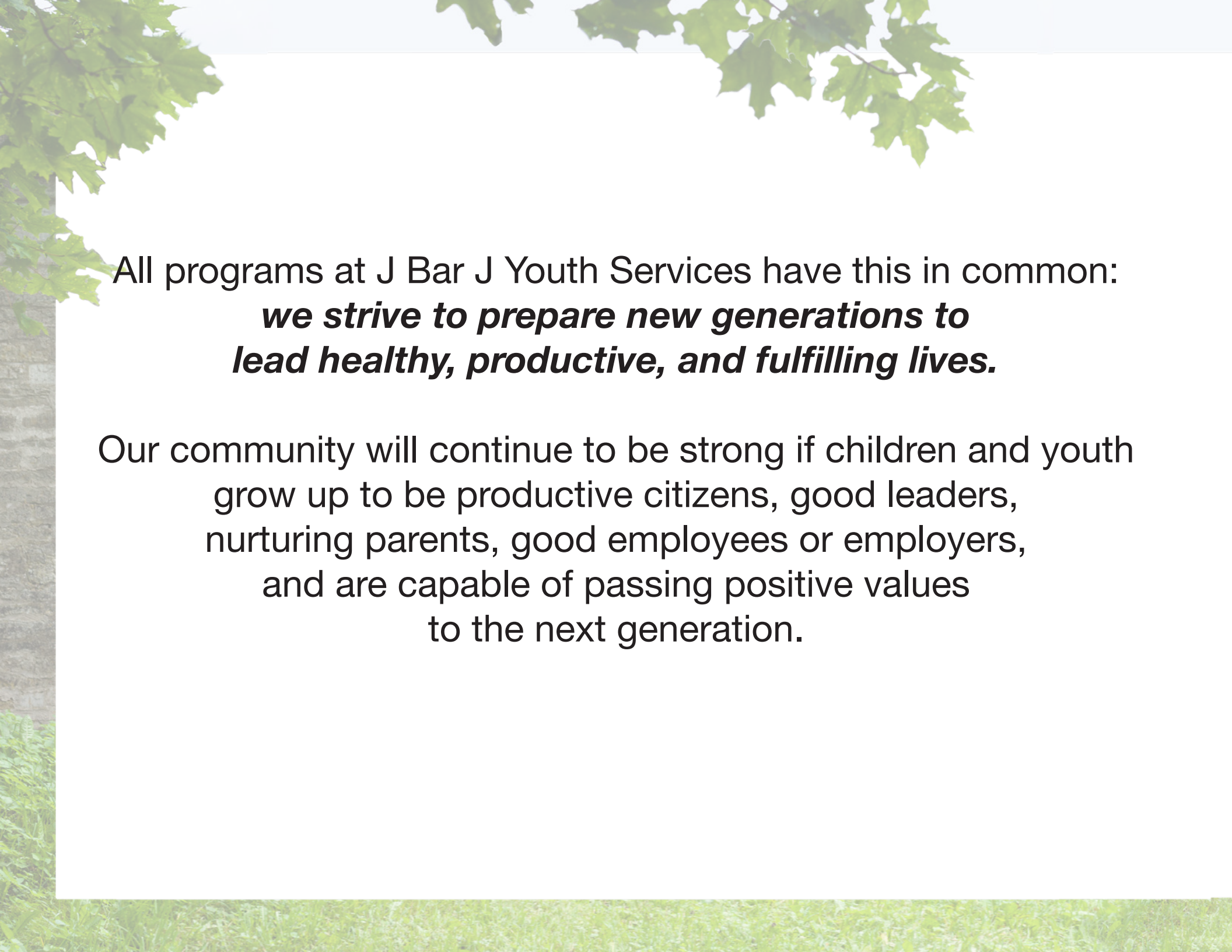
The Lunch on the Lawn fundraising event was held July 18 as part of the Oregon High Desert Classics. The luncheon supports J Bar J Youth Services, a nonprofit whose mission helps kids to find safe shelter, finish high school, prepare for the future and reach their potential. PHOTOGRAPHY BY BARBARA DUDLEY



## In the News





The background of the slide features a soft-focus image of green leaves and grass. The leaves are primarily in the upper left and top center, while the grass is visible at the bottom. The overall color palette is light green and white, creating a fresh and natural feel.

All programs at J Bar J Youth Services have this in common:  
***we strive to prepare new generations to  
lead healthy, productive, and fulfilling lives.***

Our community will continue to be strong if children and youth grow up to be productive citizens, good leaders, nurturing parents, good employees or employers, and are capable of passing positive values to the next generation.



# A Heartfelt Thank You

To all of our supporters, sponsors, and donors:  
You have empowered youth and strengthened their futures.

***You make all of this possible.***





*Because every child*  
***Carries the Potential***  
*to make the world*  
***Better***



You can make a difference!  
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