

Good News Letter:

With Gratitude



J BAR J YOUTH SERVICES





J Bar J Turns 50!



J Bar J celebrated its 50th birthday at the Oregon High Desert Classics this year, with lunch on the lawn. The small gathering included our founder, Lyle Jarvis, who spoke about our beginnings. As usual, bringing laughter to everyone around him.

A young man who has been in the program at J Bar J Boy Ranch for the past seventeen months also spoke, his speech an exclamation point to our purpose. He said:

“While being at J Bar J I have learned more about tools we use in everyday life like maintaining conversation and self-advocating, two things I was not

very good at doing. I have not just learned skills about how to get through every day. I learned about who I am and what I want my future to look like.

“Before I came to J Bar J, I had a 1.4 GPA in school. I went to school every day, I just didn’t care about school. I didn’t understand math and science. The only things I was good at was PE and lunch. The biggest problem I had was not asking for help when I needed it.

“Being at J Bar J I have learned that I can ask for help and

because I am asking and trying I have been on honor roll and have also been rewarded with ‘Student of the Month.’

I’ve never wanted to go to college or do any schooling beyond high school. Now I want to go to college to study botany and eventually have a successful life. Because of J Bar J I have realized I am not a ‘bad kid.’ I just made bad decisions.

“Now I know my past doesn’t define my future. My choices define my future.”



A Safe Haven

Because seventeen-year-old mothers are not allowed to stay at Ronald McDonald house, a young woman from Burns found herself at Grandma's House while her newborn was in the NICU in Bend.

This allowed her to spend her days at the hospital while her baby grew well and strong enough to go home. Both child and mother are doing well, and stay in touch with the staff and girls at Grandma's House.

About her stay she said:

"My beautiful daughter was in NICU and I was in need of a place to stay, and these wonderful girls made it feel like not just a place to sleep and eat, but a home. They made me feel welcome in my time there and when it was time to leave, the farewells were just as heartwarming. (And tear jerking.)

I love you girls, Grandma's House is the biggest blessing on earth."



Vocational Ducks

GET YOUR WADDLE ON : BUY YOUR DUCKS!

J Bar J is excited to be chosen as a recipient of this year's duck race, benefitting our new vocational school at the Boys Ranch!



Our new vocational school is projected to break ground this fall, adding job skills programs to the Learning Center at the Boys Ranch.

The four Rotary Clubs in Bend have chosen J Bar J and this project as one of the recipients of the proceeds from this year's Great Drake Park Duck Race.

Since 1989, this race has generated over one million dollars for Central Oregon charities, all supporting children and families in need. Get your duck

tickets (that match numbers on ducks) through J Bar J Administration, Grandma's House, or at the Humm Kombucha taproom (selling for Big Brothers Big Sisters of Central Oregon, as Humm's Sash Lawless sits on BBBSCO's Advisory Board.)

This new program will help us make a difference in the lives of the youth we serve and also the community. www.theduckrace.com

Academy at Sisters Equine Therapy

Time spent with horses has long played a role in therapy at the Academy at Sisters. There is a growing body of research telling us what we already knew: that these honest and noble creatures can sometimes tell us more about ourselves and give us more insight than time in talk and group therapy.



Through working with the horses we begin to see the girls assertively in their bodies, setting strong boundaries with the horse while staying connected. This balance is one many teenagers don't understand, causing issues in their relationships.

The girls in our program tell us:



"It's a new language and it's helped me understand myself better."

"They are very intelligent creatures. You'd be surprised at how smart they are."

"I know what I want in relationships more than I did before Equine Therapy."

"I have finally found myself within the relationship/comfort of my horse"

Tag It Forward Summer

Our coffee program has made strides this summer. This social enterprise provides job training for kids and a funding source for Cascade Youth and Family Center.

The new booth has been open at two weekly Farmer's Markets: Friday in Sisters, Saturday in Northwest Crossing.

Thursdays are for job skills and barista training, provided in large part by Roundabout Books. www.tagitforwardcoffee.com



During the Oregon High Desert Classics horse show at the Boys Ranch, Tag It Forward's booth was set up and selling coffee in the marketplace.



This October, Big Brothers Big Sisters of Central Oregon will present its 21st annual Comedy For Kids' Sake, featuring two hilarious Portland comedians, Todd Armstrong and Tyler Boeh, who will bring down the house with their antics!

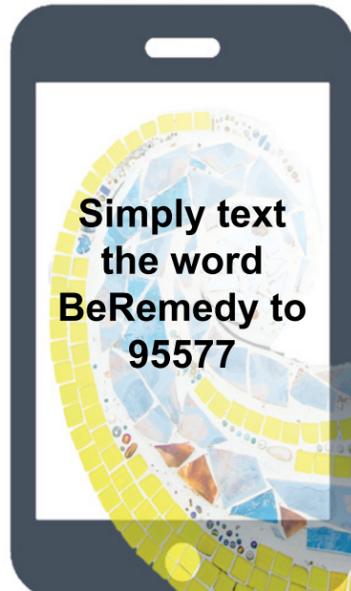
www.bbbsco.org

Be the Remedy

Cascade Youth & Family Center has taken over where Icon City left off. The new text line helps formerly homeless kids start a household of their own.

BeRemedy Text Line

Join Cascade Youth & Family Center and help us Be the Remedy for Central Oregon



Every Thursday, you will receive a text alerting you to the immediate needs of your neighbors. For example, a formerly homeless teen moving into their own apartment may need a bed you have. If you're able to help, simply text back. We will send instructions and a text once the need is met.

We will never ask for a monetary donation; We simply provide you with the opportunity to give support through tangible means, often by giving things you no longer use.

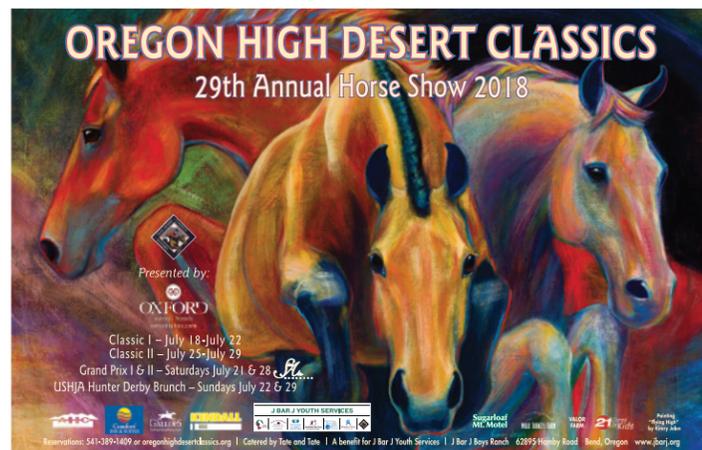


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Fundraiser Fun!
Above ~ Bowl For Kids' Sake, benefitting Big Brothers Big Sisters

Below ~ Oregon High Desert Classics.



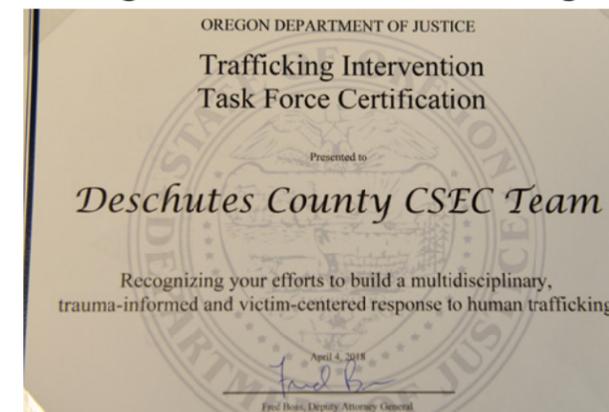
Liberty

The path back to a normal life is a rocky one for victims of human trafficking; rebuilding a life takes so much more than just stepping back into liberty. Fortunately, a local response team comprised of experts in their various fields follows up on all human trafficking leads.

As a part of the Deschutes County Commercially Sexually Exploited Children (CSEC) Task Force, we help coordinate a continuum of care: Helping victims become survivors, and providing meaningful access to services beyond emergency response. Both a Co-Chair and the Task Force Coordinator are from Cascade Youth & Family Center and JBar J.

Adding to their list of resources, the CSEC Task Force was awarded certification from the Oregon Attorney General's Trafficking Intervention Advisory Committee. Certification links the local task force to a coordinated statewide response. This public acknowledgment that they have met certification requirements also opens doors for additional grants and funding to grow the program.

We work directly with survivors of sex and labor trafficking to create safety plans, provide comprehensive case management and crisis intervention, as well as emotional support. We also connect survivors with community resources such as psychological counseling, medical care, emergency housing, and academic needs.



*Every Child
Carries the
Potential
to make the world
Better*

J BAR J YOUTH SERVICES



Facilitating Positive Change for Youth

*J Bar J Youth Services, 62895 Hamby Road, Bend OR 97701 Phone: 541-389-1409
www.jbarj.org*