

# 2020 ANNUAL REPORT



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**J BAR J YOUTH SERVICES**

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*Facilitating Positive  
Change For Youth*

J Bar J Youth Services

offers

**innovative options**

for at-risk youth and families  
who are working toward

**self-sufficiency**

and

**personal responsibility.**

*We Are*

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**J BAR J YOUTH SERVICES**

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## *2020 Chaos and Action*

It has been a challenging year! In spite of a worldwide pandemic, political unrest and threatening fires, the programs at J Bar J continue to focus on the needs of kids and families. These kids need us more now than ever. We thank you sincerely for your support in providing services to those facing challenges in our community.

Inside the pages of this report you will see how the staff and volunteers in the J Bar J Programs remained focused on the mission, got super creative in how to deliver services and hold fund raising events, and continued to get the work done for our at risk youth.

This year we have had 18 high school graduations along with many, many more youth successfully completing one of the six programs, and either re-united with their families or prepared for and entering independent lives. The many incredibly heart-warming success stories among these kids remind us why we do what we do- to see kids succeed!

The significant milestones this year include; starting a Vocational Training program for the boys on campus and starting down a path to a national accreditation through the Council on Accreditation. A process that ensures we meet best practices in all areas of our work.

This year Big Brothers Big Sisters stretched their mission to provide food and laptops to kids who need to do school from home in families who needed meals because a parent had lost a job due to COVID. We managed to put in a new basketball court at the J Bar J Boys Ranch and completed significant updating and remodeling at The Academy at Sisters. Thank you donors!

The challenges continue. We are committed to engaging more friends, advocates and donors to assure the work continues to show the benefits that make our communities safer, productive and result in dreams fulfilled. I continued to be heartened by our staff, the kids and families we interface with and you, our loyal donors.

Thank you for your support this year. We look forward with excitement to 2021.



***Jeannette McKenzie, Board of Directors Chair  
and Stephanie Alvstad, CEO***







# anti-trafficking project

## **Victims of Human Trafficking:**

*Crisis Intervention*

*Emergency Shelter*

*Basic Needs*

*Safety Planning*

*Case Management*

*Connection to Services*

*CSEC Response Team*

*Coordination*

*at-project.org*





## ***A New Tool For Identifying Victims***

Most trafficked youth are under age 14 when first exploited, and they do not self-identify as exploited.

Victims are exploited for multiple years before their abuse is recognized. Because victims rarely tell anyone that they have been trafficked, they can be difficult to identify and help. To better serve the youth in our programs and throughout Central Oregon, the at: project has implemented the use of a validated screening tool that identifies risk factors: the Commercial Sexual Exploitation-Identification Tool (CSE-IT, pronounced “see it”), developed by WestCoast Clinic.

Because this tool evaluates the youth’s history and relationships through documentation and their case manager’s knowledge, it gives us a trauma informed way to assess risk for exploitation and identify potential victims. It also helps identify specific areas of concern where extra services and support may help prevent or disrupt exploitation.

Several youth in our programs are now working with an at: project case manager, staff who specialize in helping victims of human trafficking rebuild their lives and become survivors.





**Big Brothers  
Big Sisters®**

OF CENTRAL OREGON

**Kids Need  
Role Models:**

*Defenders of Potential  
Mentorship*

[bbbsco.org](http://bbbsco.org)





# BBBSCO Responds to Covid-19

For 26 years, Big Brothers Big Sisters of Central Oregon has matched local youth with caring adult mentors.

But when our country shut down, we were unable to make matches, and we quickly realized we needed to pivot our focus from providing mentors to providing basic needs to our families who face barriers to getting needs met.

- 80% of our Littles come from low-income households,
- 60% from single parent families
- 30% of our Littles are People of Color who have been disproportionately affected by the economic, health and social impact of this pandemic.

After surveying our families, we discovered that over

- 50% of the parents/guardians of our Littles either lost their job, were laid off or had a reduction in hours.
- 40% of our families experienced food insecurity and
- 45% needed help paying utilities.

With the support of our community, BBBSCO jumped into action. We distributed Visa, Safeway and Grocery Outlet gift cards to families of littles, and delivered food boxes. Our reach went beyond basic needs, as we distributed laptops (donated by G5) to Littles, enabling them to do school work online, and for our graduating seniors to apply to secondary education and scholarship opportunities. We provided civil masks (donated by Blackstrap Industries), Lego sets (donated by Avion Water Company) and so much more to families who needed assistance, positively impacting hundreds of people.

Big Brothers Big Sisters of Central Oregon is committed to providing the resources that our families desperately need during this crisis and any crisis that may follow. This pandemic has posed one of the greatest threats to the potential of our youth and we are committed to taking up the charge to defend it now more than ever!



*Congratulations to Latinx Mentoring Program Little Sister, Andrea, who after receiving her laptop donated by G5, was able to apply for three scholarships. She now has \$1,700 towards college tuition!*



# Big of the Year and Her Little Sister

**Our Big of the Year, Becky Breeze, and her Little Sister Stephanie talk about their experience in Big Brothers Big Sisters.**

*Becky:* Stephanie was 6 ½ and she's now almost 14. It's just been a great experience, Stephanie is a beautiful girl inside and out! I would tell anybody that it's important to be a mentor – whether it's to a child, or to another adult, or to the food kitchens. I think every person, male or female, over the age of 18 should be mentoring somebody on some level...



The more we help each other the better society is, and you understand people better. You'll enjoy it, you'll get into it and think why didn't I do this before? This is so easy and I've got this great new human being that is a part of my family.



*Stephanie:* I think it's a really good experience anyone can have... I'm mentoring 6th graders so they can pass this whole COVID-19 learning for school.



*Becky:* And, no one, not me, or her mom, or dad said to do that. So, again, you don't realize you really are making an impact every day. Pay it Forward.

## Outcome Survey 2019 - 2020

Attitudes Toward Risky Behavior:  
Smoking - Drinking - Drugs -  
Skipping School

# 95%

Improved or Maintained

Educational Success:  
Grades and Academic Achievement

# 87%


Improved or Maintained

Better Relationships:  
Parental Trust and  
Family Connectedness

# 85%

Improved or Maintained





# Homeless and Runaway Youth:

*Street Outreach  
Drop In Hours  
Family Mediation  
Emergency Shelter  
Transitional Living  
Employment Assistance  
Independent Living*



[cascadeyouthandfamilycenter.org](http://cascadeyouthandfamilycenter.org)



# CASCADE YOUTH AND FAMILY CENTER

Stable and safe accommodations  
for homeless youth

In Oregon

## Transitional Living:

Provided transitional  
living for

**44**

homeless youth

**3,549**

shelter nights

**4,221**

hours of case management

## Emergency Shelter:

Provided shelter  
for

**48**

runaway or homeless youth

**814**

shelter nights

**140**

hours of family reunification  
and mediation services

Foster Youth with an  
Independent Living Program  
(ILP) Case Manager were

**1.6**

times as likely to have  
graduated high school

On the other hand, those  
who did NOT have an ILP  
case manager were almost

**3**

times as likely to  
become homeless

and

**5**

times as likely to have been  
incarcerated in the past two  
years



# Independent Living Program Helps Foster Youth Transition into Adulthood

One of the difficulties as youth 'age out' of foster care, is most suddenly find themselves on their own. Un-prepared for self-sufficiency 30 – 40% will experience homelessness within two years. This is a situation that many youth are never able to find their way out of and can end in chronic homelessness or incarceration. Cascade Youth & Family Center offers a wide range of programs for youth facing significant hurdles on their way to adulthood:

- Family mediation
- Crisis intervention
- Emergency shelter and longer term transitional living
- The independent Living Program (ILP) works to help youth transition from foster care into self-sufficiency.

Youth like Michael, a foster youth who worked with ILP for a year before running from his foster home and “staying underground” until age 18, contacted us when he needed help to set his course.

Michael is currently working in construction, living in his first apartment in Redmond, and pursuing his passion for mixing and recording original music and lyrics.

He tells his Case Manager, “It feels like I’m where I was so desperately trying to be and it’s a good feeling. Thank you for being someone I could depend on while becoming an adult. I’ve hardly ever had that in my life. And you were the one person to stick it out and do your best to help me. Thank you.”







*Grandma's House*

OF CENTRAL OREGON

**Pregnant and  
Parenting Girls:**

*Emergency Shelter  
Transitional Living  
Parenting, Nutrition,  
& Life Skills Training  
Employment Assistance  
Angels' Wing*

[grandmashouseofco.org](http://grandmashouseofco.org)





# *A home for pregnant and parenting girls*



*This fall, Woody retired and passed the reins to Eliza. Woody's retirement allows Eliza to help the next generation of Grandma's House residents.*

**991**

mom  
shelter  
nights

**100%**

Of pregnant moms received childbirth education resulting in full term pregnancies with little or no intervention & infants born at healthy birth weights

**583**

baby  
shelter  
nights

**100%**

Of moms and their babies received medical care pre and post-natal

**1,574**

total  
shelter  
nights





**J BAR J**  
**Boys Ranch / J5**

## **Adjudicated Boys:**

*Residential  
Treatment  
Restructuring  
Thinking  
for Juvenile  
Offenders*

[jbarj.org/j-bar-j-boys-ranch](http://jbarj.org/j-bar-j-boys-ranch)



# From Choices to Chances — Our New Vocational Program Opens

At J Bar J Boys Ranch, youth are taught how their choices led them into the juvenile justice system. By learning better decision making, they are able to recognize how poor choices got them in trouble, change their direction, and work toward becoming contributing and successful members of their community. A new on-campus vocational program will provide a new chance for the boys to improve their futures.

Speaking to a crowd gathered to celebrate the opening of this new program, Don Smith, a J Bar J Board Member, spoke: “This place is pretty special. It takes kids that have made bad choices in their lives and are paying the price for those choices, (and) has taught these youngsters that their choices make a difference in their lives. With a lot of different opportunities presented here in various trades, this facility is about giving them chances.”

Young men, residents at J Bar J Boys Ranch who worked on the construction of the building, shared their hopes about the new program. Jason shared, “It’s really difficult for me to learn just through looking at books and being talked to. It can give us hope for a better future, to be able to learn skills. This (program) can help in general: I don’t have a degree but I have these hands-on skills in mechanics and carpentry and woodworking.”



120

Youth were served at J5 Parole and Probation Revocation short-term stabilization program (to keep kids from going deeper in to the system)

78

Youth were served at the Boys Ranch and Independent Living

50

Youth were served through Deschutes and Crook County outpatient

248

Boys served

2019 - 2020 Fiscal Year





## In the News

### BROKEN TOP LIVING

#### Broken Top Living CARES



"Cares" added. "The newly defined focus was to have just enough funding to cover the living CARES. It was given us together, a small amount to be able to have this. The first grant was with a general idea of how things to be done but then we had to be more specific and ongoing."

The J Bar J Boys Ranch is a 100-acre facility in a rural area of Central Oregon. It is a private facility that provides a safe and secure environment for its residents.

There are three programs at the J Bar J Boys Ranch: the Residential Treatment Program, the Outpatient Program, and the Intensive Outpatient Program.

We provide a number of programs to our residents including life skills training, vocational training, and recreational activities.

#### J BAR J BOYS RANCH

HERNIMAN, IDAHO • A NEW NATIONAL PROGRAM

#### A SPECIAL THANKS TO BROKEN TOP RESIDENT DON SMITH FOR THIS ARTICLE

At J Bar J Boys Ranch, life is a daily struggle for its residents. They are in a constant battle with their own demons, and they are in a constant battle with the world. They are in a constant battle with the system, and they are in a constant battle with the future.

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#### J Bar J Boys Ranch Vocational Program Opening

Construction of the vocational program on the campus of J Bar J Boys Ranch is nearing completion and the doors will open soon. To celebrate the opening of this new program for the adjudicated youth, the Schneider Family Foundation is sponsoring a luncheon on December 4th at the J Bar J Boys Ranch.

The luncheon will be held at the J Bar J Boys Ranch, and it will be a great opportunity for the community to learn more about the program and the facility. The luncheon will be held at the J Bar J Boys Ranch, and it will be a great opportunity for the community to learn more about the program and the facility.

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#### J Bar J Vocational School Open House

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#### J Bar J Youth Services Unveils New Vocational School at Boys Ranch

The J Bar J Youth Services unveiled a new vocational school at the J Bar J Boys Ranch on December 4th. The school is a state-of-the-art facility that will provide a safe and secure environment for its residents. The school is a state-of-the-art facility that will provide a safe and secure environment for its residents.

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# J Bar J Learning Center

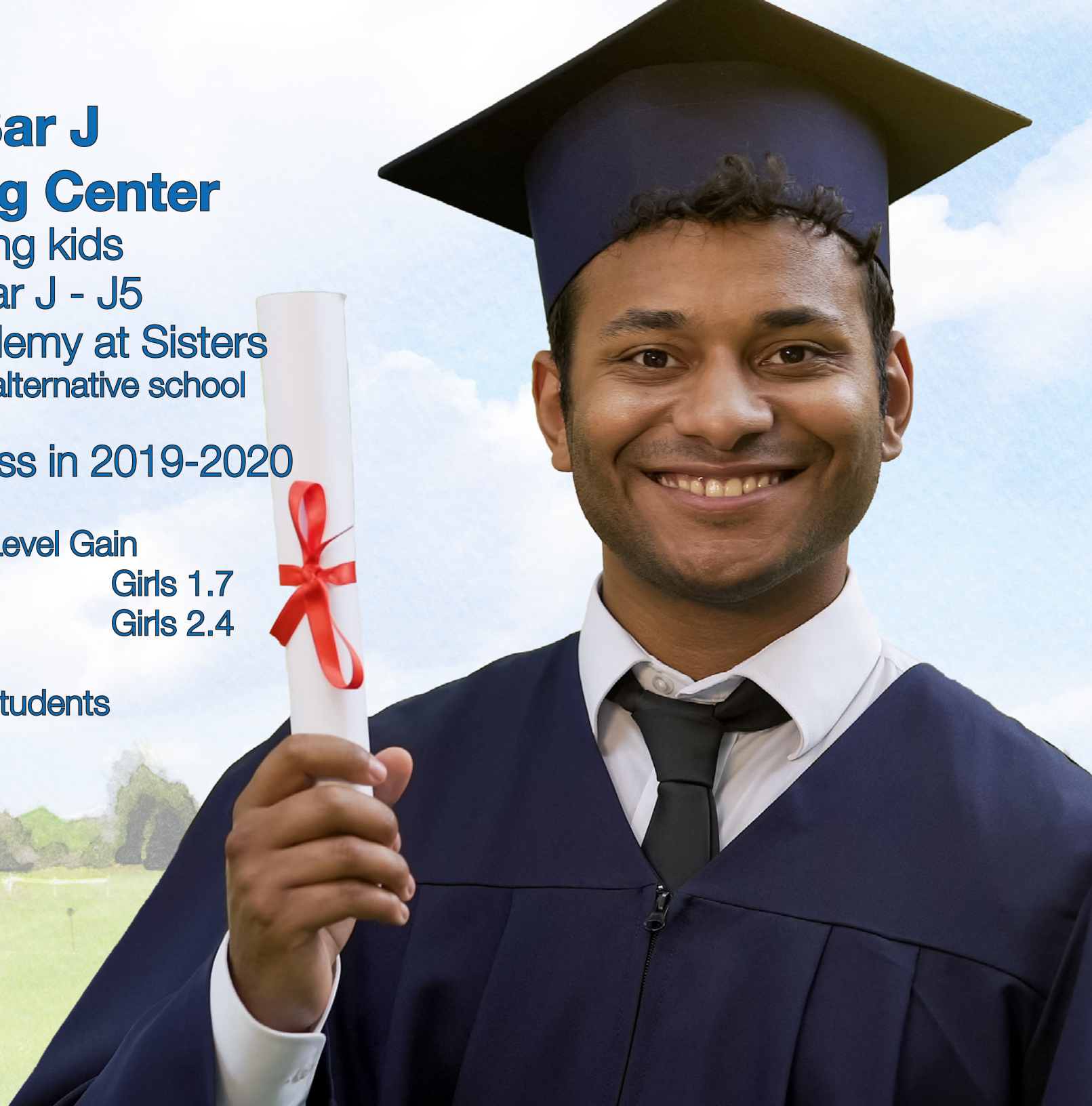
Serving kids  
at J Bar J - J5  
and the Academy at Sisters  
An accredited alternative school

## Student Success in 2019-2020

### Grade Level Gain

Reading:	Boys 2.2	Girls 1.7
Math:	Boys 1.9	Girls 2.4

163 Students







*at Sisters*

**Residential  
Treatment for  
Girls:**

*Traditional and  
Experiential  
Therapies*

[academyatsisters.org](http://academyatsisters.org)





## A Letter From Sarah

I learned so many great things at The Academy and one thing I am really happy about is how well I learned to do in school. I went from receiving mostly c's, d's and f's throughout my life to getting A's and B's. It was not easy either as we were writing 10-12 page papers in English class. This alone made my stay at the academy incredibly worthwhile. Knowing that I can do well in school has helped me excel in adult life by building my confidence.

I am glad that The Academy at Sisters is a part of my story because I didn't believe there was hope for me but now I can look at all of the girls who are there, going through similar circumstances and I can know that there is hope for them too. It is an honor to be asked to share my story.

~ Sarah







# Kindred Connections

**Families in  
Crisis:**

*Mentoring,  
Temporary Hosting  
of Children,  
Support*

[kindred-connections.org](http://kindred-connections.org)



# Rallying Around Families in Crisis

Kindred Connections (KC) rallies volunteers around families in need. We offer the help they need to make a life renewing decision for themselves and their families.

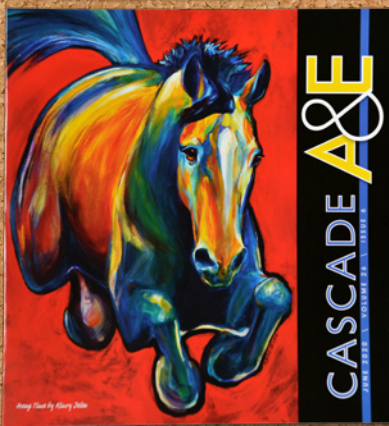
Misty was a foster child who grew into a capable, strong woman. Unfortunately, she stepped into an unhealthy relationship. We met Misty when she was in the process of divorcing her husband. The support of the Kindred Connections community helped her find her footing as a single mother. Her primary Support Volunteer walked beside her for the past year and volunteers have helped with transportation to appointments and school, taking her children out for ice cream and ice skating, and providing child care while Misty studied for her tech school exams. Volunteers also provided fire wood, brought meals on hectic nights, and sat with Misty over coffee when she needed a boost. Kindred Connections worked with a local church congregation to help arrange low-cost housing for her and her family. Misty was able to graduate and will now be able to support her family.

The recruitment, training, and vetting of KC volunteers to create a team with a variety of skill sets is important, but most importantly, love for each person and a desire to help is where a mom like Misty can rediscover their resiliency and gain hope to become healthy and self-reliant.





# OHDC Virtual 2020



## In the News





# No-Show Horse Show

We knew it might happen, and when Governor Brown declared no more than 250 people could be at an event regardless of COVID social distancing space, our OHDC team went to work to adapt to the change.

Two weeks later, we launched the No-Show Horse Show (NSHS). Dozens of participants registered for classes, set up courses in their own barns and shared them on-line. Several barns and trainers held mini events with their riders, such as Cornerstone Hunters and Jumpers in Portland, Stellar Sport Horses in Aurora, and Capstone Equestrian in Bend. At Capstone, riders got pledges for their rounds and won prizes for the most money raised for J Bar J. Their event, held on what would have been the first weekend of the OHDC, included a grand prix level round by trainer Lindsey Garner with Capilano, a multi-year winner of the OHDC Grand Prix.

Lindsey knows what the OHDC means to J Bar J Youth Services, and commented on Capstone's commitment to helping: "Tara and I are both moms who love Central Oregon and all of the families that we get to work with here. The ability for all families and youth in this community to have an opportunity to thrive is something that is very close to our hearts, and the work that the J Bar J organization does is central to that." "I've attended the High Desert Classics with my clients every year for the past 18 years and Tara grew up in Bend, attending the very first event. We both know how much the show benefits our riders and J Bar J"

OREGON  
HIGH DESERT  
CLASSICS  
NO-SHOW  
HORSE  
SHOW  
2020

CHEVROLET OF BEND  
Your Truck and SUV Superstore

SA  
GRAND PRIX

PARTICIPATE ONLINE JULY 1-25  
www.oregonhighdesertclassics.org  
@oregonhighdesertclassics

#NoShowHorseShow #EquestriansForYouth

VIRTUAL GRAND PRIX • Saturday, July 25 • 2:00pm

A benefit for J Bar J Youth Services, an organization which operates programs facilitating change for youth: J Bar J Boys Ranch, Cascade Youth & Family Center, Grandma's House, Academy at Sisters, Kindred Connections, Big Brothers Big Sisters of Central Oregon, and at: project Change a life - donate TODAY!

PAINTING "BOLD PONY" BY KIMMY JELLEN

Tires LES SCHWAB Cares for Kids Cascade Sotheby's NEWS SOURCE! FRATZKE

HERBERTSTANDARDS SLEEP INN AH FLYING CHANGES Crystal Image Farms Regence Bigfoot





# Thank You Donors and Sponsors

10 Barrel Brewery  
Aaken Electric  
A D & Shirley Boettcher  
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Abe Jones Septic Service  
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Aditya Kulkarni  
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Al and Marla Sandner  
Al Leverage  
Alan & Patricia Wilson  
Alex Gardner  
Alexis Mierzwa  
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Bertie Perone  
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Bill Summers  
Bill Wagner  
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Boundary Gate  
Brad Gray  
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Bruce & Karen Bellandi  
Bruce Brothers  
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Builders First Source  
Cabin 22  
Caitlin Richmond  
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Cameron Clark  
Camilla Mork  
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Carlson Sign Co.  
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Central Oregon Garage Doors  
Central Oregon Radiology  
Cézanne Hitchcock  
Chandler Fund  
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Charles Baird  
Charles Cushman  
Charles Fraley  
Cheryl Crawford  
Cheryl Puddy  
Chevrolet Cadillac of Bend  
Chris Conant

Chris Earwicker  
Chris Nance  
Christa Loeks  
Christina Blatchford  
Christine Frank  
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Christopher Ketchum  
Christopher Leland  
Christy Schmidt  
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Combined Communications  
Comfort Insulation  
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Coyote Rock Ranch  
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Craig Chenoweth  
Craig Martini  
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Crevier Family Foundation  
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Dana Perreard  
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Douglas Moore  
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 Elizabeth Emery  
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 Kenneth & Lisa Brass  
 Kenneth Boyovich  
 Kenneth Long  
 Kenny and Lee McDaniel  
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 Sandy Garner  
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 Sarah Katz  
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 Scott & Leslie Cheney  
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 Scott Brumburgh  
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 Shantelle & Robert Flick  
 Sharon & Holly Hutchins  
 Sharon Jackson  
 Sharon Lichti  
 Sharon Lincoln  
 Shawn Jackson  
 Shelby Hill  
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 Shelly Hummel  
 Shevlin Sand & Gravel  
 Shirlee Johnson  
 Simon Taylor  
 Sistech Manufacturing Inc.  
 Smiles For Life Foundation

Snowline Drywall  
 Some Day Farm  
 Sophie Amundson  
 Soroptimist  
 Soroptimist  
 Source Landscaping  
 Source Weekly  
 Special Events 1  
 Spork  
 St. Charles Health System  
 Stacey McCann  
 Starnes Equestrian  
 Stephanie Alvstad  
 Stephanie Sahleen  
 Stephanie Summers Fasching  
 Steve Kaisner  
 Steven Douglass  
 Steven Geigle  
 Steven Koch & Elizabeth Katz  
 Steven Wallaert  
 Steven Wetherald  
 Stuart & Vicky Malakoff  
 Subaru Of Bend  
 Sue Edgerton  
 Summit Sales NW, Inc  
 Sundee Fatemie  
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 Susan Caratan  
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 Tally Nelson  
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 Tech Soft 3D, Inc.  
 Teresa & Paul Flanagan  
 Terry Leggett  
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 The Bulletin  
 The Bug Man  
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 Family Fund  
 The Jerk Kings  
 The Swanton Family Foundation  
 Thomas & Norma Evered  
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 Thomas Bahrman  
 Thomas Dean  
 Three Rocks Construction  
 Tiffany Fewell  
 Timothy O'Halloran &  
 Tina & Ben Becker  
 TJX Companies  
 Todd & Lorri Taylor Fund  
 Todd Chorba



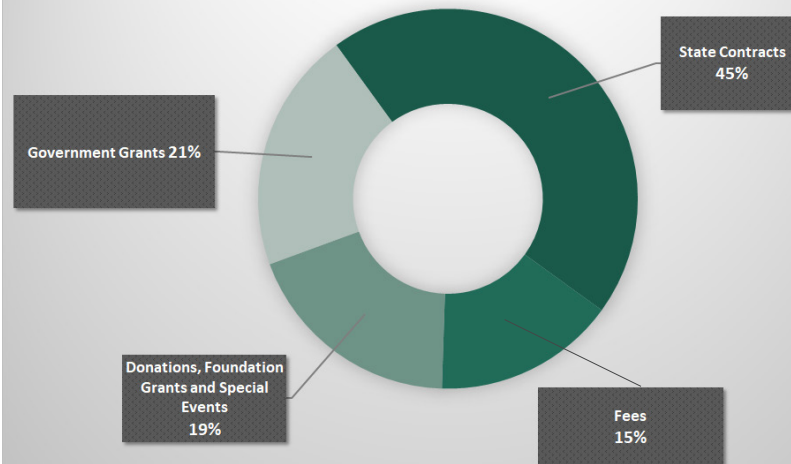
Tokyo Starfish  
 Tom & Darlene Taylor  
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 Charitable Foundation  
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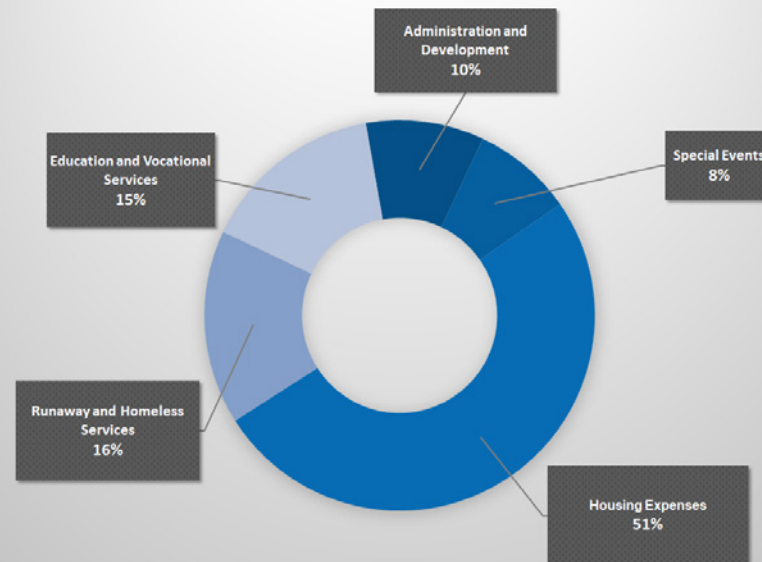
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2019 - 2020 Fiscal Year

## Revenues



## Expenses





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